

Issue I

**Intermediate Guidance Office
(IGO)**



**NEWSLETTER
2016-2017**

FORMAN CHRISTIAN COLLEGE
(A Chartered University)
Ferozpur Road, Lahore.





the journey...

In February 2016, the executive management at Forman Christian College (A Chartered University) gave green light for setting up an office that would extend guidance and counseling exclusively for Intermediate students. At this stage an advisory panel comprising teaching faculty from different departments came into being. An in-depth and thorough brain storming session was kicked off by Advisory panel, the main goal was to identify areas where intermediate students may need guidance and counseling. This paved the way for carving functional protocols to address issues raised by Intermediate students.

What started out as a dream was now becoming a reality, the office was named Intermediate Guidance Office (IGO). The foundations of IGO were fortified by the vision of upholding and strengthening student welfare at Forman Christian College.

After a marathon of a year, IGO is a fully functioning entity. After having being granted a separate working space by the honorable Vice Rector (I), Prof. Dr. C.I. Dubash, IGO is keeping its doors open to all those who may be seeking assistance, guidance, advice or counseling on issues that may affect their academics or professional life down the line. We can see the sun of a promising future rising in distance, a future that would bring forth a plentiful harvest of problem solvers, innovators, creative geniuses and genuine leaders; generation that would help us make Pakistan a country reflecting true meaning of her name.

The frontiers of academic learning extend beyond the four walls of a classroom. The idea of providing counseling, guidance, mentorship and pastoral care of students within academic institutes is winning appreciation and recognition because of its merits to prepare students with skills and Intellectual that would enable them to see beyond the abyss of national and International challenge through a 'prism of opportunities', dispersing rainbow of success, realization of dreams, actualization of unlimited opportunities floating around us and self-contentment. Keeping abreast with latest academic trends.

Forman Christian College (A Chartered University), Lahore; has set up Intermediate Guidance Office (IGO) for Intermediate students. IGO strives to alleviate obstacles in students' lives which may prevent them from actualizing maximum potential and experiencing a wholesome student life.



★ EVENTS

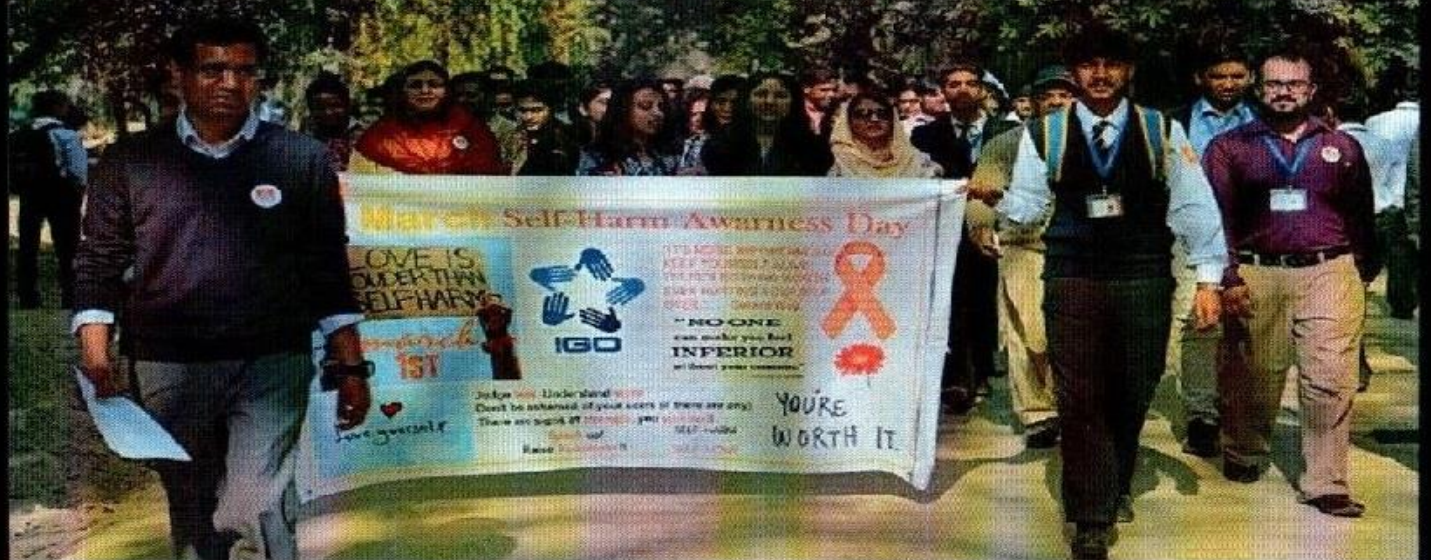
Career Counseling Session with Pakistan Air Force Recruitment Center

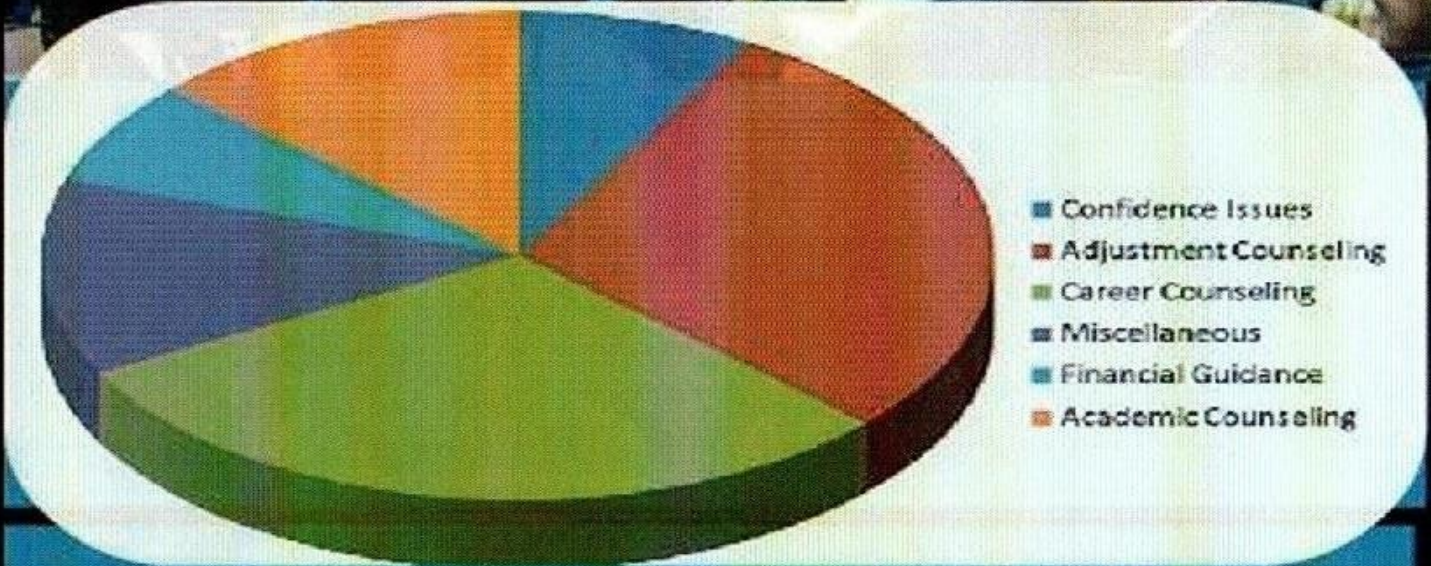


Uraan Career Prep Fellowship Workshop



Walk on Self-Harm Awareness Day





"From academic advising to my general queries I've found the Intermediate Guidance Office to be extremely helpful. Among the things I'll remember from this College, the effort of this office in echoing a positive change in the college environment will always be on the top."

Hussain Usman, 21-01145



"IGO not only guides us but also gives every student an opportunity to share their personal issues. IGO has helped students build their confidence in a very practical, compassionate and considerate manner."

Abdullah Arif, 22-01342

SERVICES



- Career Guidance
- Promoting Entrepreneurship
- Academic Advising
- Examination Stress Management
- Health Awareness
- Motivational Talks
- Adjustment Support
- Guidance to On-campus Residents
- Emotional/ Pastoral Support

Advisory Panel

- Nabila Naphtali
- Muhammad Umer Ch.
- Muhammad Umar Bhatti

Student Counselor:

Arooj Justin
aroojustin@fccollege.edu.pk

