

## Question Bank for Psychology Part II

### Chapter No. 1.

#### Developmental Psychology

##### Short Question:

1. Define Developmental Psychology?
2. Define Development.
3. What is the difference between growth and development?
4. What is maturation?
5. Define Cognitive Development.
6. What is Object Permanence?
7. Define Egocentrism.
8. Define Abstract Thinking.

##### Extensive Questions:

1. What is Cognitive Development? Explain the different stages of Cognitive Development.
2. Define Psychosocial Development. Explain the eight stages proposed by him.
3. What is Moral Development? Explain the stages of moral development.

### Chapter No.2

#### Health Psychology

##### Short Question:

1. What is health?
2. What is health psychology?
3. Define Adjustment.
4. Define Stress.
5. What is approach-avoidance conflict?
6. Define Anxiety Disorders.
7. Define Eating Disorders.
8. Define Schizophrenia

##### Extensive Questions:

1. Define Stress. Explain the different sources of stress.
2. Define Anxiety Disorders. Explain the different types of anxiety disorders.
3. Define Eating Disorders. Explain Anorexia Nervosa.

### Chapter No. 3

#### Social Psychology.

##### Short Questions:

1. Define Social Psychology.
2. What is Socialization?
3. What is the role of family in the process of socialization?
4. What is the role of educational institution in the process of socialization?
5. Define Antisocial Behavior.
6. Define Drug Addiction.
7. What is the difference between sedatives and stimulants?
8. Define an Attitude.
9. Write the names of four different scales that are used to measure attitudes.
10. What is the role of media in the process of socialization?

**Extensive Questions:**

1. Define Socialization. Explain its different elements.
2. Define antisocial behavior. Explain the different characteristics of antisocial personality.
3. Define Attitudes. Explain the ABC model of attitudes.

**Chapter No. 4.****Guidance and Counseling.****Short Questions:**

1. Define Counseling.
2. What is the difference between educational and vocational guidance?
3. What is Psychoanalysis?
4. Define Rogerian Therapy.
5. What is Superego?
6. What is Rational Emotive Behavioral Therapy

**Extensive Questions:**

1. Define Guidance. Explain its principles
2. Define Psychoanalysis. Explain the different therapeutic techniques of Psychoanalysis.
3. Define REBT. Explain the ABC model proposed by Albert Ellis.
4. Define Guidance. Discuss the types of guidance