

Personality Grooming

There is no doubt that personality is the literal essence of one's soul. The idea of personality is very commonly misunderstood. Some define it as how we express ourselves or how it's about one's physical appearance and although it is somewhat accurate it is not entirely correct. I personally believe that personality comes from within an individual and it is dependent on one's life experiences.

Personality grooming is a forever ongoing process. I have learnt that it takes a lifetime of ups and downs to figure out our very own complex mind, how you present yourself, how you think, move, behave, multitask, or even live with your own self is all a part of your personality.

Where some love to let their persona shine and want to stand out, others might hide behind shadows and secretly pay attention to their environment to learn and get better at expressing themselves. I used to think it was not important to confine in yourself or to stand up to others when being mistreated or misheard but I learnt that the most rewarding favor you can do for yourself is to stay true to yourself, to be kind and to act like your very own teacher because it is absolutely okay to not have the courage or strength to stand up and fight with your inner insecurities and fears. Learning like personality grooming is continuous.

Moving forward I always chosen to keep a learning approach so that I can grasp as much knowledge as I possibly can, not only academically but in every aspect of life as I strongly believe that one can only grow emotionally, socially and morally if they are willing to go with the risky flow of life and to explore all possibilities and going after everything they were once so hesitant of. What matters is how willing you are to find your true self, your dreams, ambitions and goals and by doing that is how you discover, refine and groom your personality.

Wazirzada Zahid Ali

Roll No. 26-05143